

Who else wants healthier patients?

Proprioceptive Medicine is the seminar for chiropractors, osteopaths and qualified health professionals who want to rapidly diagnose and treat the hidden causes of difficult, chronic and recurrent conditions.

Proprioceptive Medicine is a complete, holistic and rational diagnostic system that goes beyond your patient's presenting complaint and shows you how to quickly and efficiently test their robustness – directly improving their ability to be well.

Proprioception is usually defined as body position sense but it's real job is to control muscle reflex responses. Research has already confirmed that:

- **Muscles prevent injury**
- **Muscles create flexibility**
- **Muscles prevent arthritis**
- **Muscles control metabolism**
- **Muscles affect adrenal function**
- **Muscles control posture**
- **Muscles prevent osteoporosis**
- **Muscles give us energy**

Testing muscle reflexes gives you a window on your patient's proprioception, a sense so finely tuned it can feel one hair move. With effective muscle testing, you can quickly discover **exactly** what your patients' weaknesses are and what to do about them.

A strong body is a healthy body – one that has the ability to heal itself and resist further injury. Reflex muscle response depends on proprioception, not exercise. All you need to do is measure it properly.

Simon King has been using muscle testing for 20 years and teaching it for 10 years. With video of real patients he will show you why proprioception is a vital but unrecognised component of modern healthcare. Crucially, his evidence proves that muscle testing does not have to be subjective. Everything he teaches has been verified by objective testing.

Dates for 2008				
Foundation	March 9th	May 11th	June 1st	July 13th
Specifics	March 16th	May 25th	June 15th	July 27th
Advanced	March 30th	June 8th	June 22nd	August 5th

All seminars are held on Sundays - no time lost from practice.
For latest dates go to www.propricopetion.co.uk/dates.html

Phone 01442 800900 to reserve your place now



Dr Simon King, B.App.Sc. (Chiro), DIBAK

has lectured at Chiropractic Colleges in the UK and Australia. He is a qualified instructor for the International College of Applied Kinesiology and regularly teaches the principles of Proprioception to chiropractors, osteopaths and qualified health professionals.

"Thank you for the great day. Definitely the best seminar I have ever been to. The workshopping and seeing people being treated there and then was excellent. I look forward to the next seminar."
Dr Matt Avery – Chiropractor

"Simon has changed the way I practice for the better. I have renewed energy and enthusiasm."
Dr V Stekic – Chiropractor

"This course transformed my way of practising more than anything I have attended since leaving college. It works and it makes sense."
Dr Ulrick Sandstrom, Chiropractor

"Proprioceptive Medicine opens diagnostic awareness for many common problems seen in G.P. Surgeries. I recommend Simon's course for all medical practitioners. Their work practices will improve and their patient's health will benefit."
Dr Michael O'Beirne, M.B., M.R.C.G.P., General Practitioner, Galway

"PM is the key to solving those clinical dilemmas in a way that impresses your patients and gets rid of the frustration of not being able to find the answer"
Dr Tom Greenway, Chiropractor

The Programme

Foundations of Wellness

- Learn about the reflexes that control proprioception and why you should throw away your reflex hammer.
- Find out why proprioception is more important than nutrition.
- Learn how proprioception regulates muscle tone
- Learn how to test for muscle tone – extensive workshopping
- Assess the latest research linking proprioception to joint injury and arthritis, osteoporosis and hip fracture.
- See dozens of video case histories illustrating the power of proprioception in your practice.
- 5 tests that will tell you nearly everything you need to know about your client's health
- Research linking proprioception to fatigue and depression
- The 15 most common causes of proprioceptive interference, how to find them and how to treat them.

Specifics of Wellness

- How to find “the weakest link”
- Specific testing of knees, ankles, shoulders, wrists and elbows.
- The prevention and treatment of musculoskeletal injury.
- Dental proprioceptive insult and what to do about it.
- Specific exercises and treatments for more complicated cases.
- How proprioception affects nutrition and digestion
- How to use proprioception to assess nutritional deficiencies, allergies and toxicity

Adjustment and Manipulation workshop

- An advanced workshop to integrate the principles of proprioceptive medicine with your existing practice and make it work quickly and reliably.

Learn how to restore your patients' strength, flexibility, speed and power instantly, without exercise!

**Venue: Natural Wellness Centre,
42 Lower Kings Road,
Berkhamsted, Herts HP4 2AA
Tel 01442 800900**

Booking Form

Fees: £200 per day or £550 for three days.

Arrival 9.30am, finish 5.00pm. Lunch, manuals and CD are included. Places are limited to just 8 delegates to give you real hands-on instruction. Seminars sell out quickly so book early to avoid disappointment.

Please complete the details below and return your this form with your cheque payable to **Simon King Seminars** or complete your credit card details here:

Name.....Tel Number

Address.....

..... Email.....

Dates

I enclose a cheque for £..... or book and pay online at www.proprioception.co.uk

**If you have any queries about this seminar, please contact us at
Simon King Seminars, 42 Lower Kings Road, Berkhamsted, Herts HP4 2AA
Tel 01442 800900 or admin@proprioception.co.uk**